



New Pricing Spring 2025

Psychotherapy

Standard Session (50-60 minutes MAX): \$190.00

Extended Session (61-90 minutes MAX): \$225.00

2 hours: \$300.00

Trauma Work-Interpersonal/ Plan of Treatment (Second Visit)

Standard Session (50-60 minutes MAX): \$195.00 - \$225.00

Extended Session (61-90 minutes MAX): \$235.00 - \$250.00

Family/Couples Session (requires at least one established patient)

Standard Session (60 minutes MAX): \$250.00

Extended Session (61-90 minutes MAX): \$275.00 – \$290.00

First Visit: Biopsychosocial Assessment & Treatment Plan Creation

Standard Session (60–90 minutes MAX): \$250.00

Consulting (Non-Therapy for Remote Out-of-State)

Flat Rate (75 minutes MAX): \$225.00

The patient named herein acknowledges and agrees to the pricing and payment terms.

_____ (PRINT NAME)

PATIENT SIGNATURE _____ DATE/TIME _____

Majority of therapy will be considered trauma-interpersonal work unless designated by therapist
All pricing is subject to change – The Established Remote Patient fee is categorized under the Standard Session rate
Life in Balance Therapeutic Healing, LLC.